**Southeast CT Youth-Related Services & Assets**

*Click a category below to view youth services*

**Substance Abuse**

**Other**

**Legal**

**Mental Health**

**Employment**

**Basic Needs**

**Education**

**LGBTQ**

**Housing**

**Healthcare**

**Crisis Services**

# Crisis Services

[211](http://www.211ct.org/)   
*For food, mental health, healthcare, housing, transportation, income, utility assistance, or substance abuse crisis*

[911](http://www.911.gov/)  
*For emergency medical care or in case of a fire or security crisis*

[Safe Futures 24-Hour Hotlines](http://www.safefuturesct.org/)  
*New London Domestic Violence: (860)701-6000, Sexual Assault Hotline: (860) 701-6001*

[Southeast Mental Health Authority Mobile Outreach](http://connecticut.networkofcare.org/mh/services/agency.aspx?pid=SoutheasternMentalHealthAuthorityMobileOutreachEmergencyMobilePsychiatricServicesForAdults_556_2_0)  
*Mental and Behavioral Health Emergency Mobile Psychiatric Services: (860)886-9302*

[Crisis Intervention Team](http://www.cableweb.org/training/crisis-intervention-teams)

[Sexual Assault Crisis Center of Eastern Connecticut, Inc.](http://www.saccec.org/)   
*24-hour hotline and walk-in centers: (888)999-5545*

# Substance Abuse

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)  
*Outpatient, Community & Support, and Young Adult Services are available in addition to crisis care.*

[Norwich Youth & Family Services:](http://www.norwichct.org/index.aspx?NID=214)

[SouthEastern Regional Action Council](http://www.sectrac.org/Resources/http:/www.sectrac.org/)

[Care Plus](http://www.thecarecenters.com/show/Care-Plus-Groton-CT)  
*Substance Rehab and Mental Health Services*

[Stonington Institute](http://stoningtoninstitute.com/)  
*Treatment for Adolescents from detox to outpatient*

[Southeastern Council on Alcoholism and Drug Dependence, Inc.](http://www.scadd.org/)

[Connection, Inc.- Mother’s Retreat](http://www.thecarecenters.com/show/Connection-Inc-Mothers-Retreat-Groton-CT)

[Reliance House](http://www.reliancehouse.org/localroot/home.html)  
  
[Sound Community Services](http://www.soundcommunityservices.org/)

[Connecticut Community for Addiction Recovery](http://ccar.us/)

[Eastern Region Service Center (ERSC)](http://www.abhct.com/Programs_Services/ERSC/)

[United Community & Family Services](http://www.ucfs.org/) *(under the age of 18)*

[Community Health Resources](http://www.chrhealth.org/)   
*(under 18)*

CMR

[Backus Hospital](https://backushospital.org/)

[L & M Hospital](http://www.lmhospital.org/)

[Catholic Charities of Eastern Connecticut](http://www.ccfsn.org/adolescent-substance-abuse-treatment.html)  
*Adolescent Substance Abuse Treatment*

[Alliance for Living](http://www.allianceforliving.org/)

# Healthcare

[Care Plus](http://www.thecarecenters.com/show/Care-Plus-Groton-CT)

[Community Health Center](http://www.chc1.com/Locations/Groton)

[United Community & Family Services](http://www.ucfs.org/)

[Generations Family Health Center](http://www.genhealth.org/)

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

[Thames Valley Council for Community Action, Inc](http://www.tvcca.org/)

[New London Homeless Hospitality Center](http://www.nlhhc.org/)  
*Provides physical health care on site through CHC*

[Backus Hospital](https://backushospital.org/)

[L & M Hospital](http://www.lmhospital.org/)

[Access CT](https://www.accesshealthct.com/AHCT/LandingPageCTHIX)

[Natchaug Hospital](http://www.natchaug.org/)

[Planned Parenthood](https://www.plannedparenthood.org/health-center/connecticut/new-london/06320/new-london-center-2223-90220)

[Alliance for Living](http://www.allianceforliving.org/)

# Housing

All Diversion, Rapid Re-Housing, Transitional Housing Programs, and Permanent Supportive Housing resources are accessed and managed through the Cooridinated Access Network process. People should NOT contact these resources directly. They should go through 211, who then genderates a 211 referral to the CAN. Resources for which this does not apply are marked with an asterisk (\*) but they do not offer these services.

[211](http://www.211ct.org/)

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

[Mystic Area Shelter & Hospitality, Inc.](http://mashshelter.org/wp/)

[Thames Valley Council for Community Action](http://www.tvcca.org/)

[Thames River Community Service, Inc.](http://www.trfp.org/)  
*Emergency and Transitional for Families, Youth, and Individuals*

[Reliance House](http://www.reliancehouse.org/localroot/home.html)

[NOANK Community Support Services](http://noankcss.org/)

[DCF](http://www.ct.gov/dcf/cwp/view.asp?a=2562&Q=314306)

[The Connection Inc.](http://www.theconnectioninc.org/family-support-services/)

[Crossroads](http://www.crossroadsrecoveryct.org/programs/residential/)\*

[Alliance for Living](http://www.allianceforliving.org/)

[Safe Futures](http://www.safefuturesct.org/get-help/emergency-sheltershousing)  
*Emergency Shelter*

[Waterford Country School](http://www.waterfordcountryschool.org/programs/emergency-services/emergency-shelter/)\*  
Thomas Bent Shelter  
*Provides short term assessment & respite care for children and adolescents aged 11-17*

[Sound Community Services](http://www.soundcommunityservices.org/)

[Supportive Services for Veteran Families](http://www.military.com/spouse/military-life/military-resources/fleet-and-family-support-center.html)

[Community Supportive Housing:  
*Frequent Users Systems Engagement Program*](http://www.csh.org/fuse)

[Bethsaida Community Inc.](http://www.bethsaidact.org/)

[Covenant Shelter](http://www.covenantshelter.org/our_services)

[New London Homeless Hospitality Center](http://www.nlhhc.org/)

[Norwich Human Services](http://www.norwichct.org/index.aspx?NID=212)

# LGBTQ

[True Colors](http://www.ourtruecolors.org/)

[Alliance for Living](http://www.allianceforliving.org/)

[NCSS/Out CT](http://outct.org/)

[NOANK Community Support Services](http://noankcss.org/)

[CT TransAdocacy Coalition](http://www.transadvocacy.org/)

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

# Education

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

[Doula Services](http://www.mothertreebirth.com/doula-services/)  
*Young Adult Parenting Program*

[Safe Futures](http://www.safefuturesct.org/get-help/emergency-sheltershousing)

[Step Ahead Counseling Services](https://www.facebook.com/thestepaheadnewlondon/)

[Youth-Help.org](http://youth-help.org/)

[TurningPointCT.org](http://turningpointct.org/)

[CT Strong Outreach](http://www.abhct.com/Programs_Services/CT-STRONG/)

[Child & Family Agency](https://www.childandfamilyagency.org/)

[Groton Adult Education](http://www.groton.k12.ct.us/domain/35)

[Waterford Country School](http://www.waterfordcountryschool.org/programs/emergency-services/emergency-shelter/)  
*Thomas Bent Shelter*

[Regional Educational Service Centers-LEARN](http://www.learn.k12.ct.us/)

[Project Genesis](http://www.projectgenesis.us/)

[Sharp](http://www.sharptraininginc.com/)  
*Specializing in Vocational Training*

[Sound Community Services](http://www.soundcommunityservices.org/)

[Reliance House](http://www.reliancehouse.org/localroot/home.html)

[Northwestern Counseling and Support Services](http://www.ncssinc.org/cyfs/cyfs-soar-learning-center)  
*SOAR Learining Center*

[Madonna’s Place](http://www.madonnaplace.org/index.html)

[Norwich Public Schools](http://www.norwichpublicschools.org/)

[New London Adult & Continuing Education](https://www.newlondonadulted.org/)

[Reliance House](http://www.reliancehouse.org/localroot/home.html)

[Madonna’s Place](http://www.madonnaplace.org/index.html)\*

[Higher Edge](http://higheredgect.org/)

# Legal

[CT Legal Rights Project](http://www.clrp.org/)  
*provides legal services to low income individuals with psychiatric disabilities*

[Center for Children’s Advocacy](http://www.kidscounsel.org/)

[Reliance House](http://www.reliancehouse.org/localroot/programs/jdp.html)  
*Jail Diversion Program*

[Juvenile Probation](http://www.jud.ct.gov/directory/directory/juvprob.htm)  
*Directory*

[Sound Community Services](http://www.soundcommunityservices.org/)

[DCF Juvenile Training School](http://www.ct.gov/dcf/cwp/view.asp?a=4606&q=539022)

[The Children’s Law Center](http://www.clcct.org/)

[CT Legal Services of Connecticut](http://slsct.org/)

[Youth-Help.org](http://youth-help.org/)

[CT Juvenile Review Board](http://dfcyr.hartford.gov/index.php/youthservices/juvenile-review-board)

[AFL](http://www.ctaflcio.org/index.cfm?action=cat&categoryID=559E3C78-738E-42A6-9DCD-C174522891BA)

# Basic Needs

[Groton Human Services](http://www.groton-ct.gov/depts/humansvcs/)

[Stonington Human Services](http://www.stonington-ct.gov/human-services)

[New London Human Services](http://www.needhelppayingbills.com/html/new_london_county_assistance_p.html)

[Norwich Human Services](http://www.norwichct.org/index.aspx?NID=212)

[St. Vincent DePaul, Norwich](http://www.svdpp.org/)

[United Way of Southeastern Connecticut](http://www.uwsect.org/mobile-pantry-distributions)  
Mobile Food Pantry

[Ledyard Clothing Exchange](http://ledyardclothingexchange.weebly.com/)

[Ledyard Food Locker](http://www.town.ledyard.ct.us/297/Food-Locker)

[Department of Social Services](http://www.ct.gov/dss/site/default.asp)

[Thames Valley Council for Community Action](http://www.tvcca.org/)

[Groton Food Locker](http://www.groton-ct.gov/depts/humansvcs/docs/FoodLocker.pdf)

[Jewish Federation of Eastern Connecticut](https://sites.google.com/site/jfecsite/)

[Opportunities Industrialization Center of New London](https://www.facebook.com/oicnlc/)

[Catholic Charities of Eastern CT](http://www.ccfsn.org/)

[New London Homeless Hospitality Center](http://www.nlhhc.org/)

[Covenant Shelter](http://www.covenantshelter.org/)

[New London Community Meal Center](http://nlcommunitymealcenter.org/)

[Gemma Moran Food Bank](https://www.uwsect.org/food-center)

Salvation Army:  
[Norwich Corps Community Center](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=11458)  
[New London Corps Community Center](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=11455)  
[Willimantic Corps Community Center](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=11488)

[First Haitian Baptist Church Good Pantry](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=7423)

[Town of Bozrah Food Pantry](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=12996)

[Town of Sprague Food Pantry](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=13054)

[Preston City Congregational Church Food Pantry](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=10908)

[Saint Mary’s Church Food Pantry in Jewett City](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=11306)

[Town of Montville Food Assistance](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=13032)

[Town of Ledyard Food Assistance](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=13032)

[Outreach for the Unreached Ministry-No Freeze Shelter Food Assistance](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=10633)

[Town of Lebanon Food Assistance](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=13025)

[New Life Christian Fellowship Church Food Pantry](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=10221)

[Adventist Community Services of Connecticut Food Assistance](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=4427)

[Thames Valley Council for Community Action](http://www.tvcca.org/)

[Town of Colchester Food Assistance](http://www.homelessshelterdirectory.org/cgi-bin/id/foodbank.cgi?foodbank=13004)

[Access Community Action Agency](http://accessagency.org/)

# Employment

[Eastern Connecticut Workforce](http://www.ewib.org/)

[Investment Board](http://www.ewib.org/)

[United Way of Southeastern Connecticut](http://www.uwsect.org/)  
Secure Jobs CT

[New London Youth Affairs](http://www.newlondonyouthaffairs.org/)

[AXS Center](http://connecticut.networkofcare.org/mh/services/agency.aspx?pid=SoundCommunityServicesYasAxsProgramLifeSkillsEducation_556_2_0)

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)  
  
[Mystic Area Shelter & Hospitality, Inc.](http://mashshelter.org/wp/)

[Sound Community Services](http://www.soundcommunityservices.org/)

[Sharp](http://www.sharptraininginc.com/)  
*Specializing in Vocational Training*

[Project Genesis](http://www.projectgenesis.us/)

[Southeastern Employment Services](http://sesct.org/)

[DHMAS](http://www.ct.gov/dmhas/cwp/view.asp?q=334784)

[Community Enterprise](http://www.communityenterprises.com/)

[Reliance House](http://www.reliancehouse.org/localroot/home.html)

[American Jobs Center](http://www.ctdol.state.ct.us/contactinfo/ctworks/nlndn_info.htm)

[Bureau of Rehabilitation Services](http://www.ct.gov/brs/site/default.asp)

# Mental Health

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

[Sound Community Services](http://www.soundcommunityservices.org/)

[Reliance House](http://www.reliancehouse.org/localroot/home.html)

[Community Health Center Inc.](http://www.chc1.com/)

[United Community Family Services](http://www.ucfs.org/)

[Generations Family Health Center](http://www.genhealth.org/)

[Turning Point CT](http://turningpointct.org/)

[Catholic Charities of Eastern Connecticut](http://www.ccfsn.org/adolescent-substance-abuse-treatment.html)

[Child and Family Agency](https://www.childandfamilyagency.org/)

[CT Strong Outreach](http://www.abhct.com/Programs_Services/CT-STRONG/)

# Other

[AXS Center](http://connecticut.networkofcare.org/mh/services/agency.aspx?pid=SoundCommunityServicesYasAxsProgramLifeSkillsEducation_556_2_0)   
*Offers a variety of services from drop-in, food, shower, laundry, linkage, support for young adults and teens*

[Turning Point CT – CT Strong](http://turningpointct.org/resources/ct-strong/)

[Southeastern Mental Health Authority](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

[Homeless Outreach Advocacy Program (HOAP)](http://www.ct.gov/dmhas/cwp/view.asp?q=487768)

[Colchester Youth Services Bureau](http://www.colchesterct.gov/Pages/ColchesterCT_Dept/YSB/index)